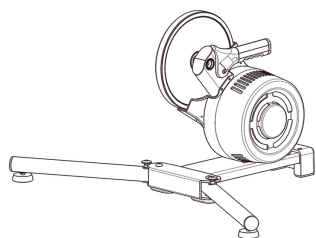


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Smart Trainer ThinkRider X7-pro

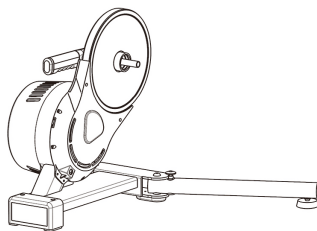
Instructions
English



Website | www.thinkrider.com

1. Product introduction

Thank you for purchasing the ThinkRider X7 smart Bike Trainer. Please read the instructions carefully before use.



Adaptation

Bicycle adaptation

- Size
Road bike: 24"/650c/700c, MTB: 24"/26"/650B/29"
- Hub type: 130/135QR, 12x142 and 12x148 thru axle
- Cassettes: Shimano / SRAM 8, 9, 10, 11 Speed

Software adaptation

- Powerfun, Rouvy, ThinkRider, Zwift, PerPRO, ONELAP, etc

* Due to the rapid upgrades of third party software, we will not notify you of adaptation changes of third-party software.

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Technical Index

- Resistance type: electromagnetic damping
- Power accuracy : ±2%
- Wireless connection: ANT+(connect to PC), bluetooth 4.0(connect to smartphones and tablets)
- Device system: IOS/Android/Windows
- Firmware update: support (IOS and Android)
- Drive type: direct drive
- Application: cycling simulation

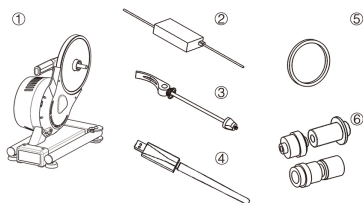
- Weight: about 22kg
- Maximum simulated slope: approximately 20%
- Maximum resistance power: about 2000 watts
- Noise level: 58 db (@1.0m & 30KPH)
- Belt: rubber multiseriate belt
- Warranty period : 1 year
- Power supply: 50-60Hz 100-240V ~ 1.5A

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2. Product composition

The package should contain:

- | | |
|----------------------------|---|
| 1. X7 Smart bike trainer*1 | 5. 8-9-10 speed washer *1 |
| 2. power adapter *1 | 6. quick release/thru axle conversion components*4 (Support 130/135QR, 12x142/12x148 thru axle) |
| 3. quick release*1 | |
| 4. ANT+ adapter*1 | |



Remove the bike trainer and accessories from the box and be sure to keep the box and foam for future transportation and storage.

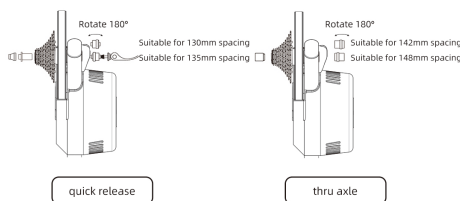
(When you encounter an after-sales problem, be sure to use the original packaging for mailing. The manufacturer will not bear any loss caused by the use of non-original packaging.)

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3. Installation

Trainer Installation

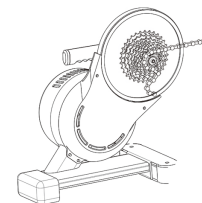
- Place the trainer on a level surface, ensure that there are no obstacles or dangerous objects around.
- Unfold the movable feet and adjust the leg height of the outer side of the feet to ensure that the trainer is stable.
- Connect the trainer to a standard 110v-220v power outlet with the original power adapter.
- There is a freehub on the cycling trainer, which supports the standard shimano and sram 8-11 speed cassettes (Notice : 11 speed cassettes can be directly installed, others need to add the gasket.)
- Please follow the instructions below



Please make sure the quick-release or thru axle is securely locked.

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Bicycle Installation



- Change the rear Derailleurs to the minimum position.
- Release the rear wheel's quick release and remove the rear wheel from the frame.
- Install the frame to the bike trainer just like installing the rear wheel to the frame.
- Lock the quick release lever and make sure the installation is firm.
- Before using, please ensure that the quick release lever is locked. If the quick release lever is not tightened properly, it may result in personal injury and property damage.

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4. Firmware upgrade and software setting

The firmware update

The cycling trainer needs firmware upgrade.

For firmware updates, please download the app on your mobile phone: thinkrider tools (please use your smartphone and download the app from the official website.)

(Website: www.thinkrider.com)

Special note: during the upgrade, please keep the phone within 1 meter of the cycling trainer. Do not exit the upgrading interface, do not carry out any other operation, and do not turn off the power of the cycling trainer until the firmware upgrade is completed.

Calibration

The trainer has been calibrated before delivery, so calibration is not necessary for normal use.

If riding more than 5000 km, or if the belt is seriously skidding, please calibrate according to the official video.

Cycling APP Settings

This trainer is a general equipment, can adapt to most of the standard agreement of third-party cycling software. After downloading and installing the cycling software on your cellphone or computer, switch on the power of the trainer, open the software, find the device connection interface in the software, search and connect the "cycling trainer".



ThinkRider Tools For Apple



ThinkRider Tools For Android

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5. Pilot lamp

| Bike trainer status | Pilot lamp status |
|---------------------|---|
| standby mode | The red light is on and the blue light is blinking. |
| ANT+ mode | The red light is on and the blue light is blinking. |
| Bluetooth mode | The red and blue lights are on and not blinking. |
| Equipment failure | Lights do not shine. |

*Please look into the detailed manual service if the equipment is abnormal.

6. Caveat

- Do not let children and pets get close to the bike trainer.
- Please use the trainer on a stable ground.
- Please consult your doctor before starting or modifying any exercise program.
- Do not touch the moving parts of the trainer with your hands or objects.
- The flywheel will generate high temperatures after using for a long time. Do not touch it.
- Do not touch the flywheel or disassemble the bicycle while the flywheel is still rotating.
- Be careful when standing on the trainer.
- Keep the trainer away from fire, water and other obstacles.
- It is strictly forbidden for people with heart or brain diseases and other users who are not suitable for high-intensity exercise to use the trainer.
- Users who are not responsible for their own behavior should not use the trainer.

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7. Warranty

- The product is guaranteed for one year. If the product fails during the warranty period and the failure is caused by original device quality problem or assembly process, the company will provide free maintenance and spare parts replacement.
- Please use the original packing materials when you need to ship the package.
- Product damage or malfunction caused by the following reasons is not covered by the warranty.

- Damage caused by use or installation in accordance without the instructions.
- Product damage caused by human factors or accident.
- If you have not contacted the company or the dealer to confirm and disassemble the product yourself without authorization.
- Ingress of water causes equipment failure.
- Aging and scratches caused by normal use.

* After the expiration of the warranty period, the company will still provide maintenance services, but the corresponding maintenance costs are charged.

The company reserves the right to interpret the above content.

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